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Since  $\vec{V} = \frac{d}{dt} \vec{R} = \frac{i}{\hbar} [\vec{R}, H]$  and the expectation value is taken in an eigenstate of  $H$ , we have  $\langle \vec{V} \rangle = 0$ , indeed.

For the harmonic oscillator we have (page 73)

$$X(t) = X(0) \cos \phi + \frac{i}{M\omega} P(0) \sin \phi,$$

$$P(t) = P(0) \cos \phi - M\omega X(0) \sin \phi, \text{ with } \phi = \omega t;$$

and for  $\psi(x) = \sqrt{k} e^{-k|x|}$ , which is real and even in  $x$ , we have

$$\langle X \rangle = 0, \langle P \rangle = 0, \langle (X^2 + P^2) \rangle = 0,$$

$$\text{and also } \langle X^2 \rangle = \int_{-\infty}^{\infty} dx x^2 k e^{-2k|x|}$$

$$= 2k \int_0^{\infty} dx x^2 e^{-2kx} = 2k \frac{2!}{(2k)^3} = \frac{1}{2k^2}$$

as well as

$$\langle P^2 \rangle = \int_{-\infty}^{\infty} dx k (\hbar k e^{-k|x|})^2 = (\hbar k)^2.$$

(a) Obviously  $\langle X(t) \rangle = 0$  and  $\langle P(t) \rangle = 0$ .  
Further

$$\begin{aligned} \langle X(t)^2 \rangle &= \langle X(0)^2 \rangle (\cos \phi)^2 + \left(\frac{1}{M\omega}\right)^2 \langle P(0)^2 \rangle (\sin \phi)^2 \\ &\quad + \frac{1}{M\omega} \langle (X(0)P(0) + P(0)X(0)) \rangle \cos \phi \sin \phi \\ &= \frac{1}{2k^2} (\cos \phi)^2 + \left(\frac{\hbar k}{M\omega}\right)^2 (\sin \phi)^2 \end{aligned}$$

and

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$$\begin{aligned}\langle P(t)^2 \rangle &= \langle P(0)^2 \rangle (\cos \phi)^2 + (M\omega)^2 \langle x(0)^2 \rangle (\sin \phi)^2 \\ &\quad - M\omega \langle (P(0)x(0) + x(0)P(0)) \rangle \cos \phi \sin \phi \\ &= (\hbar k)^2 (\cos \phi)^2 + (M\omega)^2 \frac{1}{2K^2} (\sin \phi)^2.\end{aligned}$$

Therefore,

$$\begin{aligned}\delta X(t) &= \sqrt{\langle X(t)^2 \rangle - \langle X(t) \rangle^2} \\ &= \sqrt{\frac{1}{2K^2} + \left[ \left( \frac{\hbar k}{M\omega} \right)^2 - \frac{1}{2K^2} \right] (\sin \phi)^2} \\ &= \frac{1}{\sqrt{2} K} \sqrt{1 + \left[ 2 \left( \frac{\hbar k^2}{M\omega} \right)^2 - 1 \right] (\sin \phi)^2}\end{aligned}$$

and

$$\begin{aligned}\delta P(t) &= \sqrt{\langle P(t)^2 \rangle - \langle P(t) \rangle^2} \\ &= \sqrt{(\hbar k)^2 + \left[ \frac{1}{2} \left( \frac{M\omega}{K} \right)^2 - (\hbar k)^2 \right] (\sin \phi)^2} \\ &= \hbar k \sqrt{1 + \left[ \frac{1}{2} \left( \frac{M\omega}{\hbar k^2} \right)^2 - 1 \right] (\sin \phi)^2}.\end{aligned}$$

(b) We have  $\delta X(t) = \delta X(0) \sqrt{1 + (\epsilon^2 - 1) (\sin \phi)^2}$

and  $\delta P(t) = \delta P(0) \sqrt{1 + \left( \frac{1}{\epsilon^2} - 1 \right) (\sin \phi)^2}$

with  $\epsilon^2 = 2 \left( \frac{\hbar k^2}{M\omega} \right)^2$ .

so that  $[\delta X(t) \delta P(t)]^2 = [\delta X(0) \delta P(0)]^2$

$$\times \left[ 1 + \left( \epsilon - \frac{1}{\epsilon} \right)^2 (\sin \phi \cos \phi)^2 \right].$$

It follows that  $\delta X(t) \delta P(t) \geq \delta X(0) \delta P(0)$

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$$= \frac{1}{\sqrt{2}K} \hbar K = \frac{\hbar}{2} \sqrt{2} > \frac{\hbar}{2} \text{ so that}$$

Heisenberg's relation is obeyed, indeed.

(c) There is no  $t$  dependence if there is no  $\phi$  dependence which happens only if  $e^2 = 1$  or  $K = \sqrt{\frac{M\omega^2}{\sqrt{2}\hbar}}$ .

$$\boxed{3} (a) \frac{d}{dt} L_1 = \frac{1}{i\hbar} [L_1, H]$$

$$= \frac{1}{it} \frac{1}{2I_2} \underbrace{[L_1, L_2^2]}_{= it(L_2L_3 + L_3L_2)} + \frac{1}{it} \frac{1}{2I_3} \underbrace{[L_1, L_3^2]}_{= -i\hbar(L_2L_3 + L_3L_2)}$$

$$= \left( \frac{1}{2I_2} - \frac{1}{2I_3} \right) (L_2L_3 + L_3L_2).$$

(b) The state ket is  $|l=1, m=1\rangle \equiv |1, 1\rangle$ , for which

$$L_1 |1, 1\rangle = |1, 0\rangle \frac{\hbar}{\sqrt{2}},$$

$$L_1^2 |1, 1\rangle = (|1, 1\rangle + |1, -1\rangle) \frac{\hbar^2}{2},$$

$$L_2 |1, 1\rangle = |1, 0\rangle \frac{i\hbar}{\sqrt{2}},$$

$$L_2^2 |1, 1\rangle = (|1, 1\rangle - |1, -1\rangle) \frac{\hbar^2}{2},$$

$$L_3 |1, 1\rangle = |1, 1\rangle \hbar^2,$$

so that

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$$H|1,1\rangle = |1,1\rangle \left( \frac{\hbar^2}{4I_1} + \frac{\hbar^2}{4I_2} + \frac{\hbar^2}{2I_3} \right) + |1,-1\rangle \left( \frac{\hbar^2}{4I_1} - \frac{\hbar^2}{4I_2} \right)$$

and we read off that

$$\langle H \rangle = \frac{\hbar^2}{4I_1} + \frac{\hbar^2}{4I_2} + \frac{\hbar^2}{2I_3},$$

$$\delta H = \left| \frac{\hbar^2}{4I_1} - \frac{\hbar^2}{4I_2} \right|.$$

$$(c) \text{ For } I_2 = I_3, \text{ we have } H = \frac{1}{2I_1} L_1^2 + \frac{1}{2I_2} (L_2^2 + L_3^2)$$

$$\therefore H = \frac{1}{2I_1} L_1^2 + \frac{1}{2I_2} (L^2 - L_1^2)$$

so that the common eigenstates of  $L^2$  and  $L_1$  are the eigenstates of  $H$ .  
The eigenvalues are

$$H = \frac{\hbar^2}{2I_2} l(l+1) + \left( \frac{1}{2I_1} - \frac{1}{2I_2} \right) (\hbar m)^2$$

with  $l=0, 1, 2, \dots$  and  $m=0, \pm 1, \dots, \pm l$ .

- 4 (a) This probability is the squared amplitude for the  $Z=1$  and  $Z=2$  ground states:

$$\text{prob. amplitude} = \int d\vec{r}) \langle Z=2, 100 | Z=1, 100 \rangle$$

$$= \int d\vec{r}) \underbrace{(R_{10}(r)Y_{00})^*}_{Z=2} \underbrace{(R_{10} Y_{00})}_{Z=1}$$

$$= \frac{1}{4\pi} \int d\vec{r}) 2\left(\frac{2}{a_0}\right)^{3/2} e^{-2r/a_0} 2\left(\frac{1}{a_0}\right)^{3/2} e^{-r/a_0}$$

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$$= 4 \left(\frac{2}{a_0}\right)^{3/2} \int_0^\infty dr r^2 e^{-3r/a_0} = 4 \left(\frac{2}{a_0}\right)^{3/2} \frac{2!}{(3a_0)^3}$$

$$= \frac{2^{9/2}}{3^3}; \text{ probability} = \frac{2^9}{3^6} = \underline{\underline{\left(\frac{8}{9}\right)^3}}.$$

(b) Now we go from  $|z=1, 100\rangle$  to  $\langle z=2, 200|$ :

$$\text{Prob. amplitude} = \frac{1}{4\pi} \int (dr) \underbrace{R_{20}(r)}_{z=2}^* \underbrace{R_{10}(r)}_{z=1}$$

$$= \int_0^\infty dr r^2 \left(\frac{1}{a_0}\right)^{3/2} \left(\frac{2r}{a_0} - 2\right) e^{-r/a_0} 2\left(\frac{1}{a_0}\right)^{3/2} e^{-r/a_0}$$

$$= \frac{4}{a_0^3} \int_0^\infty dr r^2 \left(\frac{r}{a_0} - 1\right) e^{-2r/a_0}$$

$$= \frac{4}{a_0^3} \left(\frac{3!}{16} - \frac{2!}{8}\right) a_0^3 = \frac{1}{2}; \text{ probability} = \underline{\underline{\frac{1}{4}}}.$$

(c) Here we have the transition from the  $l=0$  ground state to the  $l=1$  excited state, so that the wave functions involve orthogonal spherical harmonics and the probability amplitude vanishes; probability  $\underline{\underline{0}}$ .

[5] We have  $\langle m^{(0)} | H_1 | n^{(0)} \rangle = \hbar \Omega (\langle m^{(0)} | (n+1)^{(0)} \rangle + \langle (m+1)^{(0)} | n^{(0)} \rangle)$

$$= \hbar \Omega (\delta_{m,n+1} + \delta_{m+1,n}).$$

(a)  $E_n \approx E_n^{(0)} + E_n^{(1)} + E_n^{(2)}$

$$= \hbar \omega n + 0 - \sum_{m(\neq n)} \frac{[\hbar \Omega (\delta_{m,n+1} + \delta_{m+1,n})]^2}{\hbar \omega (m-n)}$$

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so that for  $n=0$ :

$$E_0 \approx -\frac{(\hbar\Omega)^2}{\hbar\omega} \quad (\text{only } m=1 \text{ contributes})$$

and for  $n = 1, 2, 3, \dots$ :

$$E_n \approx n\hbar\omega. \quad (m=n+1 \text{ and } m=n-1 \\ \text{contribute equal amounts with opposite signs})$$

$$(b) E_0 = E_0^{(0)} + E_0^{(1)} - \sum_{m>0} \frac{|\langle m^{(0)} | H_1 | 0^{(0)} \rangle|^2}{m\hbar\omega - E_0}$$

$$= 0 + 0 - \frac{(\hbar\Omega)^2}{\hbar\omega - E_0}$$

or  $E_0(E_0 - \hbar\omega) = (\hbar\Omega)^2$ , which gives

$$E_0 = +\frac{1}{2}\hbar\omega - \sqrt{\left(\frac{1}{2}\hbar\omega\right)^2 + (\hbar\Omega)^2}.$$

We do not have "+" here because we need to get  $E_0 \rightarrow E_0^{(0)} = 0$  for  $\Omega \rightarrow 0$ .